

The Diocese of St. Augustine Cross Country League has adopted the Covid-19 protocols of The Diocese of St. Augustine, FL and the FHSAA for the 2020 league year. (Subject to change at anytime)

Mandatory use of face coverings by coaches, athletes, spectators, vendors, and anyone in attendance at all times; before, during, and after the meet when not competing.

- Runners may remove their face covering while warming up and directly before their respective race.
- Runners may take their face covering with them as they compete. (Highly suggested that they do not wear the face covering while racing)

Pre-Meet Screening and Temperature check:

- Coaches must pre screen your team prior to entering the meet facility and competing.
- Any person with an above average temperature is not allowed to enter the facility and take part in the competition.
- Any person with positive symptoms reported is not allowed to enter the facility and take part in the competition and should contact his or her primary care provider or other appropriate health-care professional.
 - Symptoms include but not limited to: fever or chills, recent loss of taste or smell, shortness of breath or difficulty breathing, headache, congestion, fatigue, diarrhea.

Additional protocols:

- Team Camp Spacing at least 10 - 15ft between opposing team camps
- Starting Boxes will have adjacent spacing between them
- Remind your runners to continue to move through and out of the finish area once they are done with their race.
- Staggered Race times/starts (Only the runners in the impending race are allowed at the startline.)
- Avoid physical contact with others and practice social distancing.