5k Run Course

Legend:
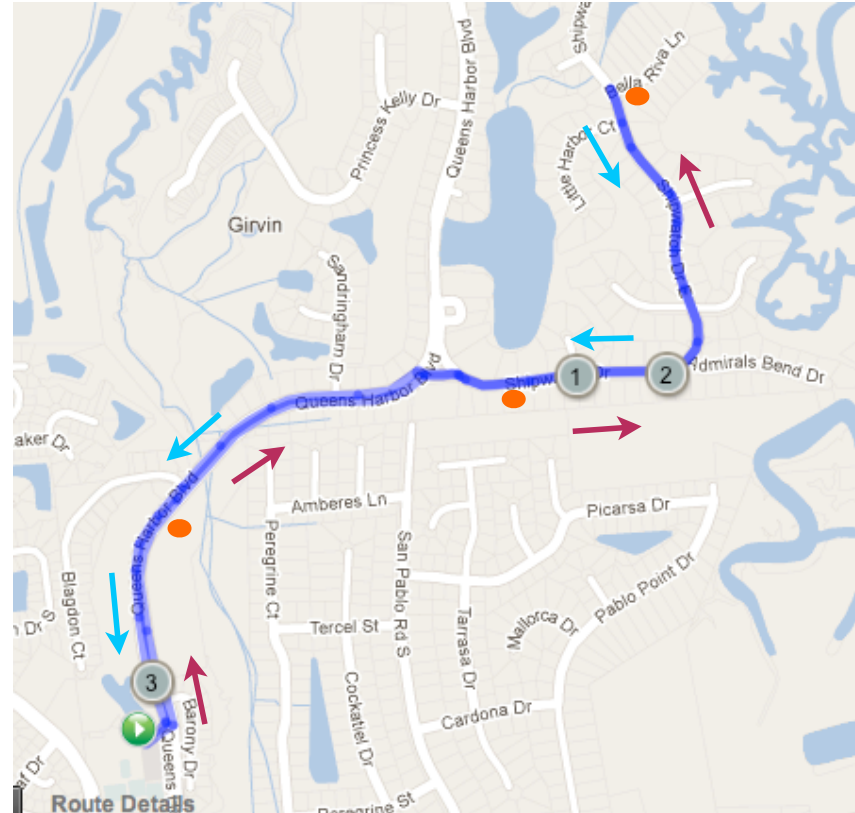- Run out
- Run back
- Aid station