



## **DOSA-CC** **MOROCCO SHRINE - MEET 3 - 2019**

**Date:** Wednesday, September 25<sup>th</sup> 2019

**Location:** 3800 St Johns Bluff Rd S, Jacksonville, FL 32224

TBD	Volunteers arrive for instructions and placement
3:30pm	Coaches meeting at finish line
4:15pm	Administrative announcements, Prayer, and Honors to the nation
4:30pm	Race 1 - Girls Varsity
4:50pm	Race 2 - Boys Varsity
5:10pm	Race 3 - Girls Junior Varsity
5:30pm	Race 4 – Boys Junior Varsity
5:50pm	Race 5 –Fun Run (K-4 <sup>th</sup> grade)
6:15pm	Awards

### **Volunteers Supporting the Race**

All volunteers are asked to arrive at the predetermined time to receive instructions about their duties during the race and allow time for the League Director to place volunteers where needed.

### **Coaches Meeting**

All coaches are asked to meet at the finish line to receive last minute instructions from the League Director.

### **Administrative Announcements**

Administrative announcements are made to the crowd followed by a prayer by the host school member and honors to the nation by the host school.

### **Race Sequence**

The following race sequence is followed as closely as possible. Delays or faster start times will be announced over the PA system at the race. Coaches are asked to have their runners at the start line at least 5 minutes before the start time for starter instructions. This year we will run all fun runners together. They will wear different colored tags to indicate which race they are in. These tags are collected at the finish line and help determine the top 15 finishers. The runner's name, school, and grade must be printed on the tag before the race begins.

### **Parking**

The entire parking lot is open to all. Teams may park temporarily near the team tent and crowd areas to offload tents and equipment, then park in the general parking area

### **Bathrooms**

are located on the Eastern edge of the parking lot near the Start Line Access point

### **Team Tent Area**

is located immediately on the field next to the parking lot. Teams may set up anywhere behind the crowd barrier. Please stay behind the crowd barrier during all races.



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### **Spectator Areas**

Spectators may view the races outside the roped off areas around the start and finish lines.

### **Water Station**

There is a water station for runners at the finish chute. Coaches are encouraged to bring additional water for their teams.

### **Concessions**

Smoothie Truck is located near the spectator area in the parking lot

### **Start Line**

Start line is located on the Eastern edge of the parking lot. Start boxes will be marked on the ground. Start box assignments are located on your coach's packet. All races start in the same box. The starter will have box assignments also.

### **Finish Line**

The finish line is located on the field near the main building at the end of the parking lot. The finish chute area is roped off, only race officials, coaches and volunteers are allowed in this area during the meet. Please keep runners away from the finish line who are not in the race.

### **Course Markings**

The entire course is marked with colored cones on both sides of the route. In cases where there is a tree line or fence on one side of the course cones will mark one side of the course and the tree line or fence will serve as the boundary of the other side of the course path. Flags and turn signs will mark the turn for different courses. The path to the course will also be painted on the ground at key turns.

### **Presentation of Awards**

Awards are presented after all races have finished. If an athlete cannot remain to receive his or her medal and team coach can collect them and issue them to the athlete later.