



Packet pickup

Friday, April 23rd 11:00 a.m. - 7:00 p.m.

Location - Race venue - Beachwalk transition area.

The true address is 100 Beachwalk Club Drive St. Johns, Florida 32259 however, some GPS mapping software will take you to Mandarin...double check before you drive over.

Race morning

Transition opens at 5:30 a.m. and ***closes sharply at 7:15 a.m. everyone must be out of transition at this time.***

Chip pick-up 5:15 a.m. and ***closes sharply at 7:10 a.m.***

Late packet pickup 5:15 a.m. - 6:45 a.m. - please arrive no later than 6:00 a.m. to ensure plenty of time to get out of transition by 7:15 a.m.

Body marking 5:15 a.m. - 7:10 a.m.

Mandatory race meeting on the beach at 7:25 a.m.

First swimmers must be ready to start at 7:35 a.m.

"T" Chip instructions:

Your race chip must be worn on your left ankle.

1. **VERY IMPORTANT:** Your race chip must be worn on your left ankle, non drive-side
2. Blue box facing outward.
3. Arrow pointing upward

Body Marking

You must be body marked before entering transition, you can write your number on your left arm and the back of your left calf before you arrive or have it done at chip pickup

Bib instructions:

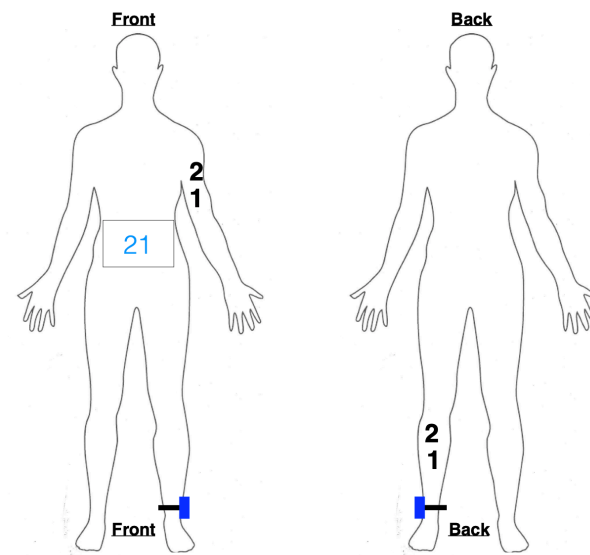
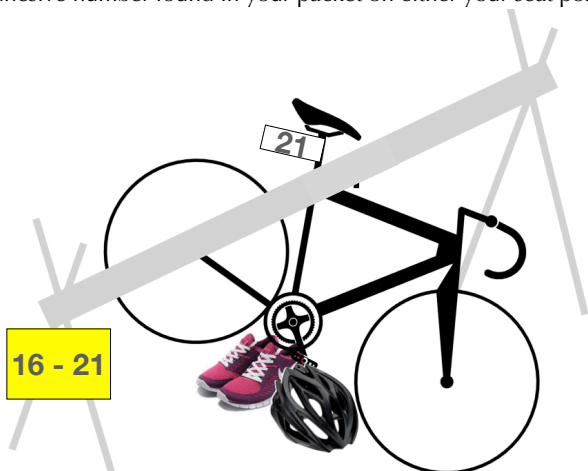
Your race bib must be worn on the front of your body, visible at all times on the run.

Bike racking instructions:

Look for your bike rack as shown below. There is enough room for 8 bikes, 4 on each side of the rack. Place your gear toward the front of the bike rack bar toward your front tire.

Bike number label instructions:

Place the small adhesive number found in your packet on either your seat post or left rear stay



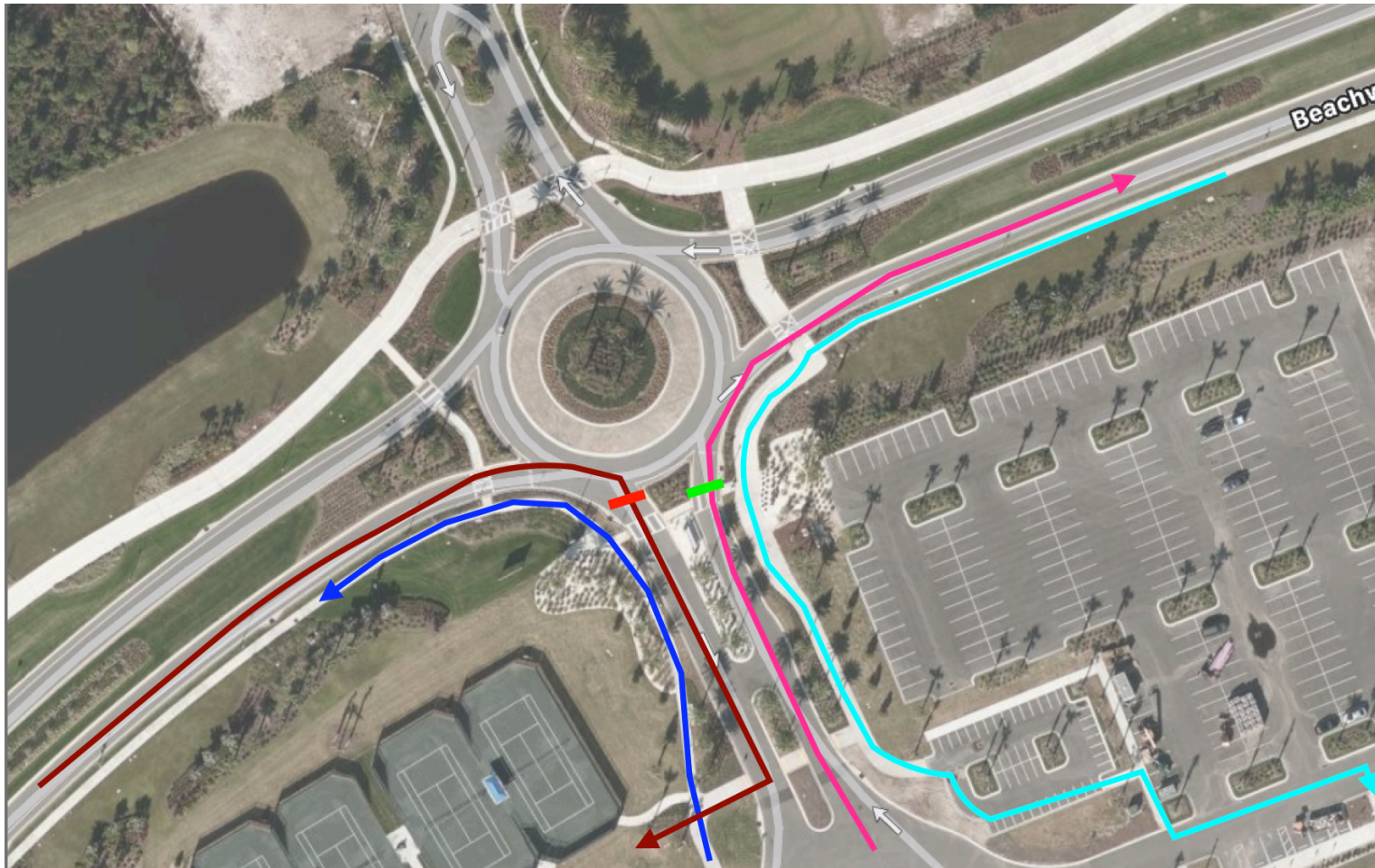
Transition



- Swim staging area
- Swim start
- Swim finish
- Transition - swim in
- Transition - bike out
- Transition - bike in
- Transition - run out
- To finish

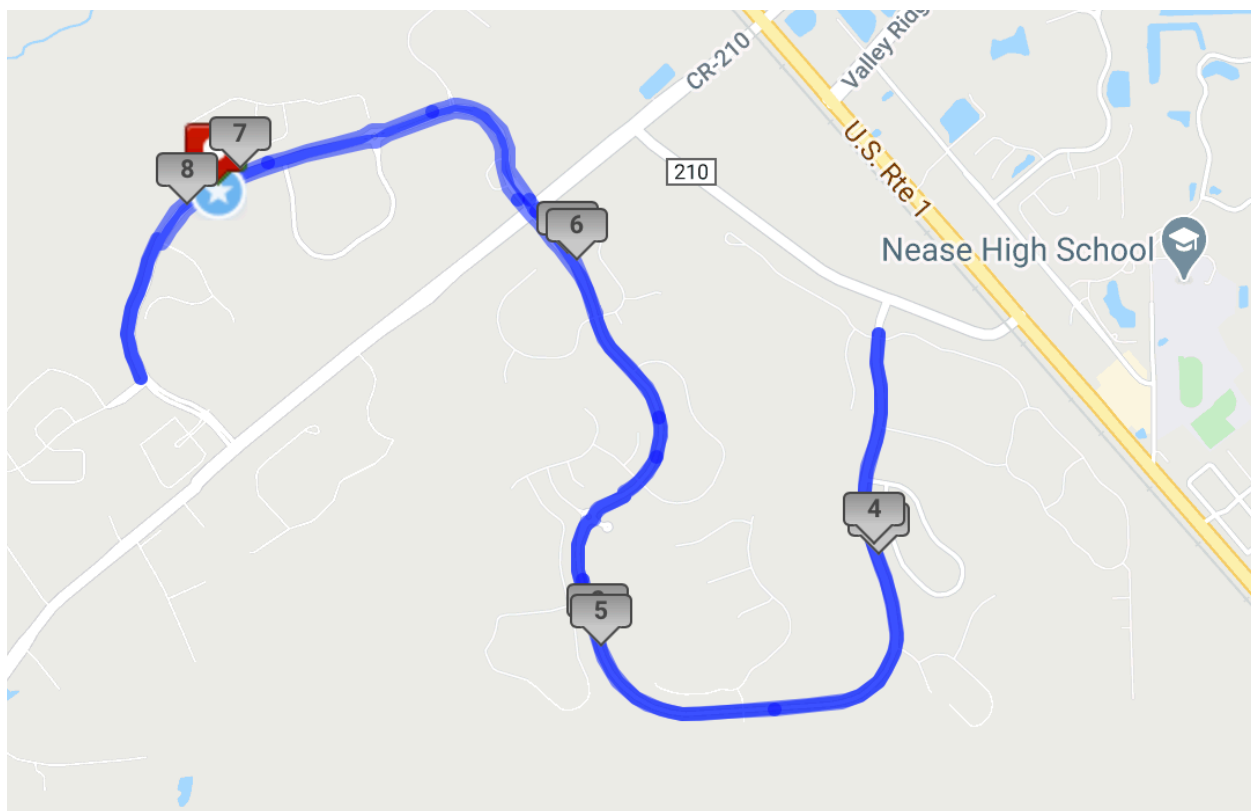
Use caution and watch your step entering and exiting the lagoon.

Transition



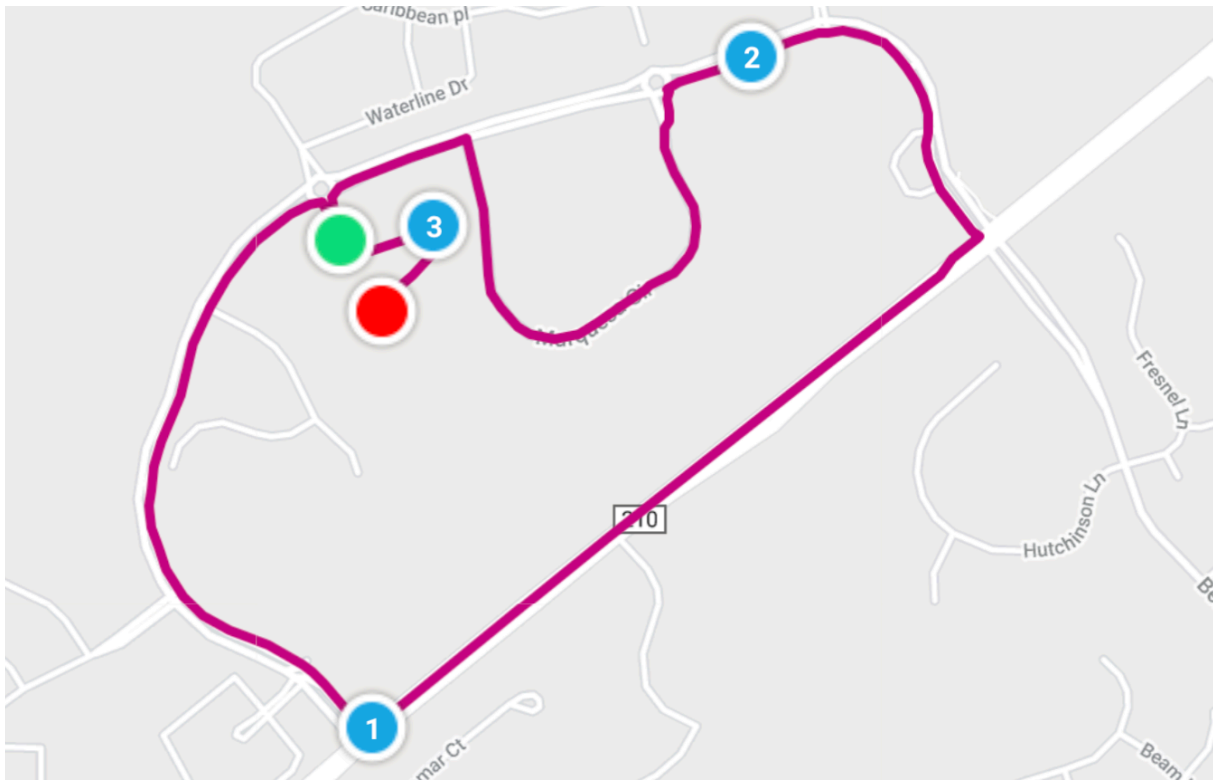
- Bike mount
- Bike dismount
- Bike out
- Bike in
- Run out
- Run to finish

Bike



No headphones while out on the course, no drafting and keep to the right except for passing.
5 Roundabouts and 2 turnarounds on this course. Please watch your speed through these areas

Run



No headphones while out on the course, stay on the jog and cart path at all times. Water stations just past Mile 1 and 2