

6

5

2

7

1

3

4

8

2

1

3

Sherman Hills Pkwy N

Barton Creek Ln

Colleton River Ct

Sherman Hills Pkwy

Bishop John Snyder High School

Sherman Hills Pkwy

Chaffee Rd S

Samaritan Way

Samaritan Way

# Route 1 direct runners out on the course, and then back



## **Run Course Volunteers**

Arrive by 8:30 a.m., direct runners along the course.

Warn cars to slow down because runners are on the course

Alert the runners to slow down and signal the upcoming turn or caution directions

## **Emergency Response**

- In case of a cardiac incident, collapse, or other emergency, **FIRST** call 911, then alert the nearest ham radio operator, medical person, and Command Center. Know your location so you can provide it when asked
- Medical volunteers (EMT, first aid, CPR) are at some stations to monitor runners. You don't need medical training to spot an athlete in trouble. Weaving and staggering are signs of trouble, although athletes usually insist they are fine when you ask. Please note bib number of any athlete who appear to be in rough shape, alert nearest medical person, ham radio operator, and call Command Center. When in doubt, call 911 first. EMS units are on call to respond to emergencies

# Route 2 direct runners out on the course, and then back



## Run Course Volunteers

Arrive by 8:30 a.m., direct runners along the course.

Warn cars to slow down because runners are on the course

Alert the runners to slow down and signal the upcoming turn or caution directions

## Emergency Response

- In case of a cardiac incident, collapse, or other emergency, FIRST call 911, then alert the nearest ham radio operator, medical person, and Command Center. Know your location so you can provide it when asked
- Medical volunteers (EMT, first aid, CPR) are at some stations to monitor runners. You don't need medical training to spot an athlete in trouble. Weaving and staggering are signs of trouble, although athletes usually insist they are fine when you ask. Please note bib number of any athlete who appear to be in rough shape, alert nearest medical person, ham radio operator, and call Command Center. When in doubt, call 911 first. EMS units are on call to respond to emergencies

# Route 3 direct runners RIGHT



## Run Course Volunteers

Arrive by 8:30 a.m., direct runners RIGHT.

Warn cars to slow down because runners are on the course

Alert the runners to slow down and signal the upcoming turn or caution directions

## Emergency Response

- In case of a cardiac incident, collapse, or other emergency, FIRST call 911, then alert the nearest ham radio operator, medical person, and Command Center. Know your location so you can provide it when asked
- Medical volunteers (EMT, first aid, CPR) are at some stations to monitor runners. You don't need medical training to spot an athlete in trouble. Weaving and staggering are signs of trouble, although athletes usually insist they are fine when you ask. Please note bib number of any athlete who appear to be in rough shape, alert nearest medical person, ham radio operator, and call Command Center. When in doubt, call 911 first. EMS units are on call to respond to emergencies

# Route 4 direct runners RIGHT



## Run Course Volunteers

Arrive by 8:30 a.m., direct runners RIGHT.

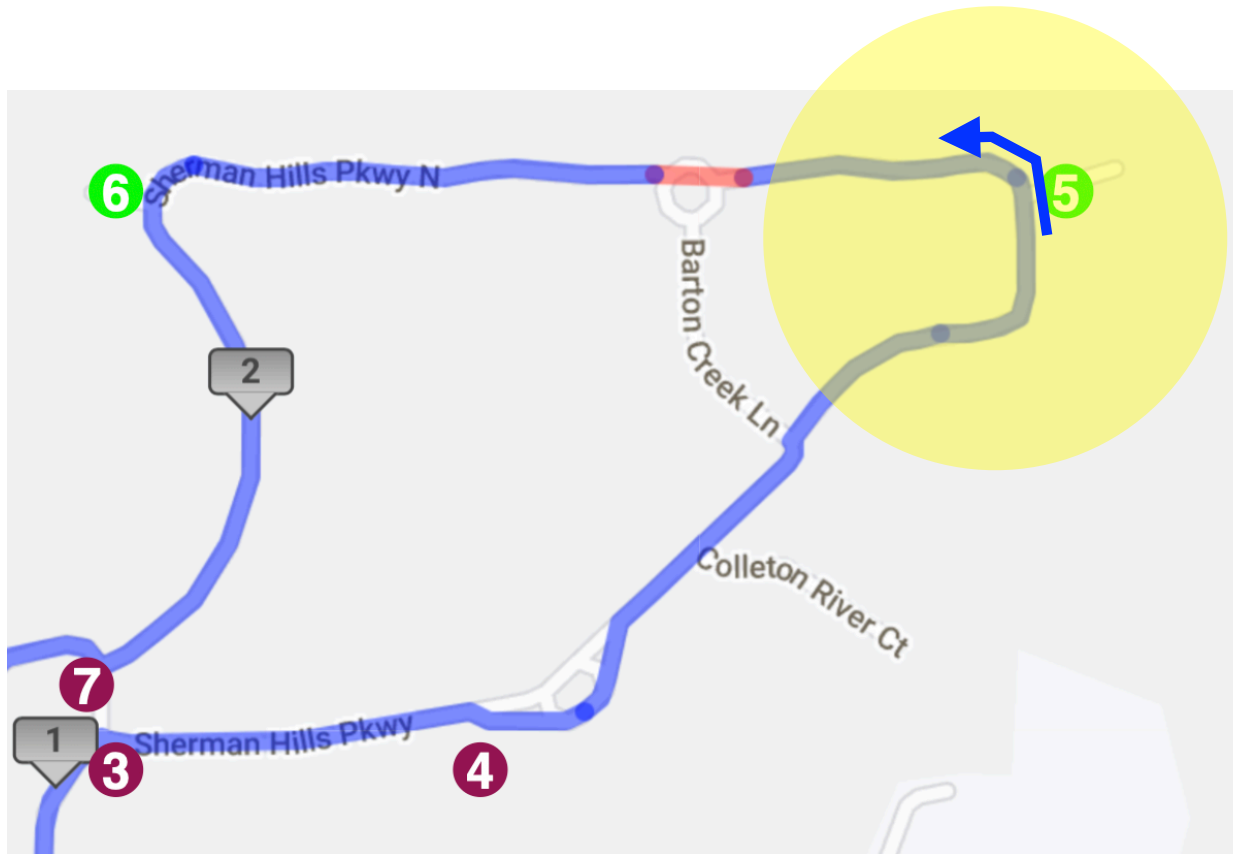
Warn cars to slow down because runners are on the course

Alert the runners to slow down and signal the upcoming turn or caution directions

## Emergency Response

- In case of a cardiac incident, collapse, or other emergency, FIRST call 911, then alert the nearest ham radio operator, medical person, and Command Center. Know your location so you can provide it when asked
- Medical volunteers (EMT, first aid, CPR) are at some stations to monitor runners. You don't need medical training to spot an athlete in trouble. Weaving and staggering are signs of trouble, although athletes usually insist they are fine when you ask. Please note bib number of any athlete who appear to be in rough shape, alert nearest medical person, ham radio operator, and call Command Center. When in doubt, call 911 first. EMS units are on call to respond to emergencies

# Route 5 direct runners out on the course



## Run Course Volunteers

Arrive by 8:30 a.m., direct runners along the course.

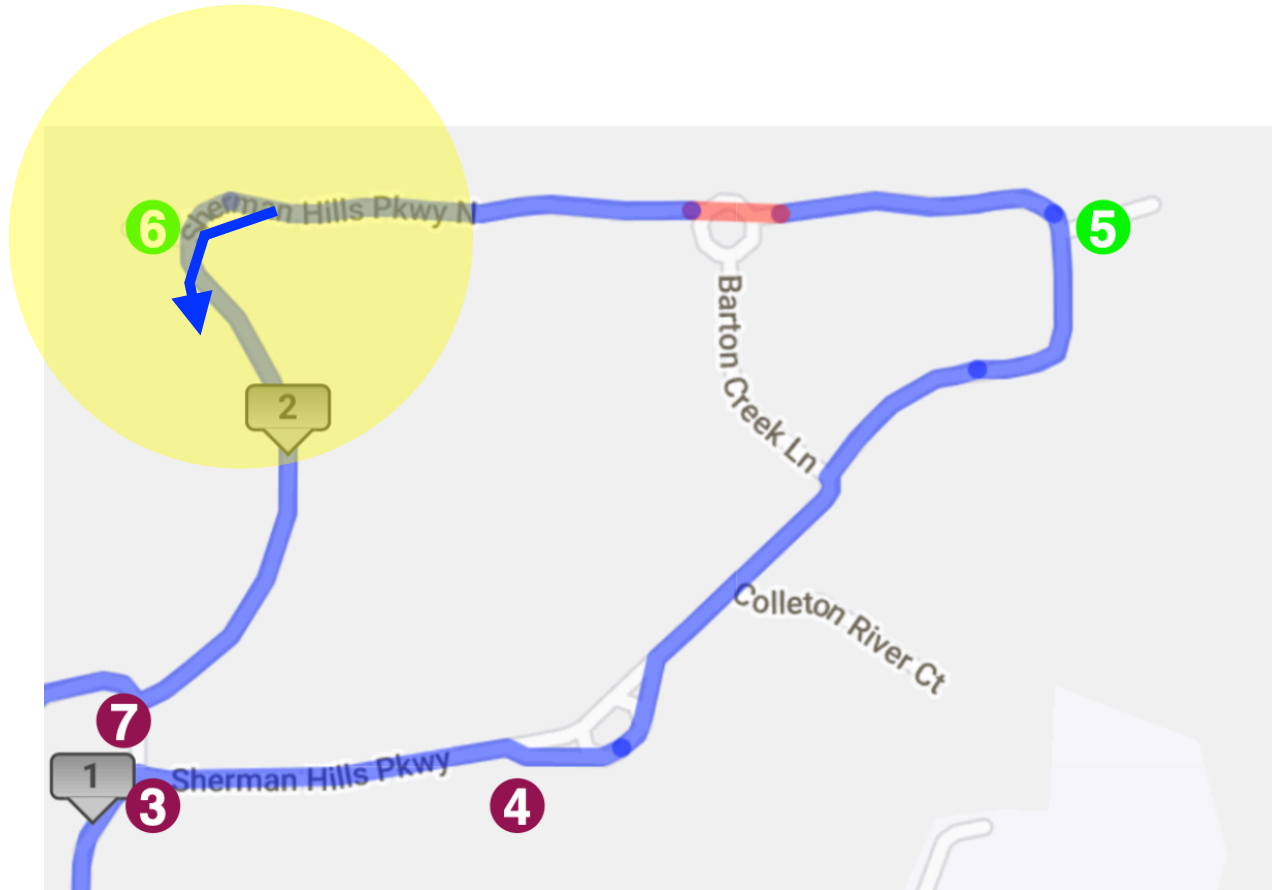
Warn cars to slow down because runners are on the course

Alert the runners to slow down and signal the upcoming turn or caution directions

## Emergency Response

- In case of a cardiac incident, collapse, or other emergency, FIRST call 911, then alert the nearest ham radio operator, medical person, and Command Center. Know your location so you can provide it when asked
- Medical volunteers (EMT, first aid, CPR) are at some stations to monitor runners. You don't need medical training to spot an athlete in trouble. Weaving and staggering are signs of trouble, although athletes usually insist they are fine when you ask. Please note bib number of any athlete who appear to be in rough shape, alert nearest medical person, ham radio operator, and call Command Center. When in doubt, call 911 first. EMS units are on call to respond to emergencies

## Route 6 direct runners out on the course



## Run Course Volunteers

Arrive by 8:30 a.m., direct runners along the course.

Warn cars to slow down because runners are on the course

Alert the runners to slow down and signal the upcoming turn or caution directions

## Emergency Response

- In case of a cardiac incident, collapse, or other emergency, **FIRST** call 911, then alert the nearest ham radio operator, medical person, and Command Center. Know your location so you can provide it when asked
- Medical volunteers (EMT, first aid, CPR) are at some stations to monitor runners. You don't need medical training to spot an athlete in trouble. Weaving and staggering are signs of trouble, although athletes usually insist they are fine when you ask. Please note bib number of any athlete who appear to be in rough shape, alert nearest medical person, ham radio operator, and call Command Center. When in doubt, call 911 first. EMS units are on call to respond to emergencies

# Route 7 direct runners RIGHT



## Run Course Volunteers

Arrive by 8:30 a.m., direct runners RIGHT.

Warn cars to slow down because runners are on the course

Alert the runners to slow down and signal the upcoming turn or caution directions

## Emergency Response

- In case of a cardiac incident, collapse, or other emergency, FIRST call 911, then alert the nearest ham radio operator, medical person, and Command Center. Know your location so you can provide it when asked
- Medical volunteers (EMT, first aid, CPR) are at some stations to monitor runners. You don't need medical training to spot an athlete in trouble. Weaving and staggering are signs of trouble, although athletes usually insist they are fine when you ask. Please note bib number of any athlete who appear to be in rough shape, alert nearest medical person, ham radio operator, and call Command Center. When in doubt, call 911 first. EMS units are on call to respond to emergencies

# Route 8 direct runners out on the course

## Run Course Volunteers

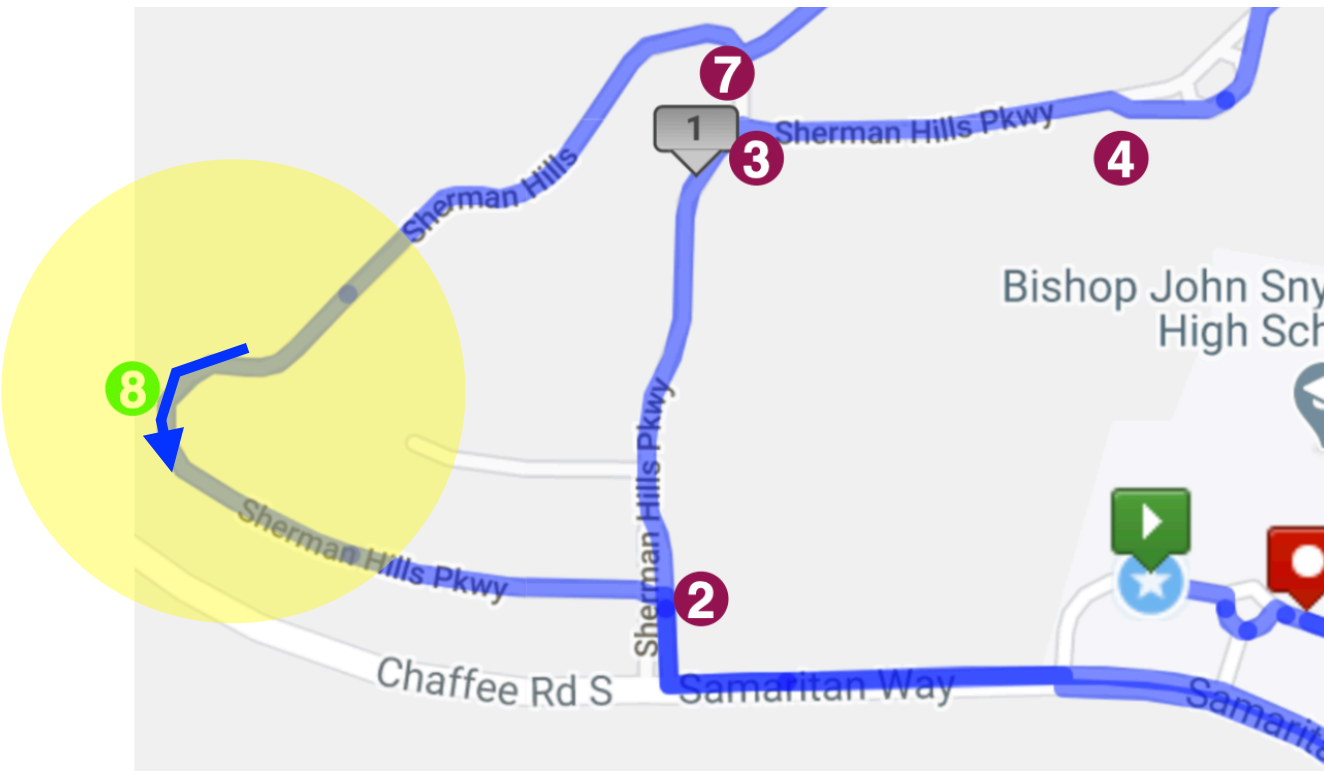
Arrive by 8:30 a.m., direct runners along the course.

Warn cars to slow down because runners are on the course

Alert the runners to slow down and signal the upcoming turn or caution directions

## Emergency Response

- In case of a cardiac incident, collapse, or other emergency, **FIRST** call 911, then alert the nearest ham radio operator, medical person, and Command Center. Know your location so you can provide it when asked
- Medical volunteers (EMT, first aid, CPR) are at some stations to monitor runners. You don't need medical training to spot an athlete in trouble. Weaving and staggering are signs of trouble, although athletes usually insist they are fine when you ask. Please note bib number of any athlete who appear to be in rough shape, alert nearest medical person, ham radio operator, and call Command Center. When in doubt, call 911 first. EMS units are on call to respond to emergencies



# The Rachel Quiñones Memorial 5k

## Volunteer Assignments

### Route 1 (3 volunteers)

Name \_\_\_\_\_

Phone \_\_\_\_\_

### Route 2 (3 volunteers)

Name \_\_\_\_\_

Phone \_\_\_\_\_

### Route 3

Name \_\_\_\_\_

Phone \_\_\_\_\_

### Route 4

Name \_\_\_\_\_

Phone \_\_\_\_\_

### Route 5

Name \_\_\_\_\_

Phone \_\_\_\_\_

### Route 6

Name \_\_\_\_\_

Phone \_\_\_\_\_

### Route 7

Name \_\_\_\_\_

Phone \_\_\_\_\_

### Route 8

Name \_\_\_\_\_

Phone \_\_\_\_\_